### **ACTIVITIES FOR THE COMING WEEK ONE**

## Monday 4th November











10:45am Residents Meeting (Jan & Liz) (Activity Room) 10:45am Shop Trolley with Michelle Pre-Lunch Drinks in Main Lounge 2pm Holy Communion with Sue, Pat & Jan (Activity Room) 2pm Sing-along on Quantock (Michelle & Liz)

#### Michelle D/O

10:45am Curling for all units (Activity Room) (Jan & Liz) Pre-Lunch Drinks in Main Lounge 2pm Café Outing 'Pond side Café' With Jan, Liz & Sue

# Tuesday 5th November





# Wednesday 6th November





#### Michelle AL

AM: Jan with Sophie Our new weekend Activities team member 10:45am Liz on Ouantock

Remembrance Craft Pre-Lunch Drinks in Main Lounge 1:45pm Drive out with drive-thru drinks (Liz & Jan)

# Thursday 7th November





#### Michelle AL

10:30am Niger Reader Entertains (Ouantock unit) (Jan & Liz) **Pre-Lunch Drinks in Main Lounge** 2pm Peter Triggs 'Slide show' For all units (Activity Room)

# Friday 8th November





#### Michelle AL Jan AL

10:45am Knit & Natter with Liz (Main Lounge) Pre-Lunch Drinks in Main Lounge

2pm Music for wellbeing (Ouantock Unit) (Liz)

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# Sophies First Activities Weekend

10:45am Sophie on Quantock Meet & Greet 12pm Drinks in Main Lounge

> 2pm Sophie on (Main unit/Apartments) Meet & Greet

# Sunday 10th November

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#### Remembrance Sunday



10:45am Activities with Sophie Main unit/Apartments)

12pm Drinks in Main Lounge

**2pm** Activities with Sophie on Quantock



